



2020 LUNCH MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Weeks
1+
5

PIZZA PIZZA!
Tossed Salad
Potato Chips
Chocolate Pudding
Apples

BARRY'S GRILLED CHEESE
Tossed Salad
Mashed Potatoes
Granola Parfait
Apples

CHICKEN PATTY SANDWICH
Tossed Salad
Tater Tots
Cookies
Watermelon

STUFFED SHELLS
or Buttered Noodles
Dinner Roll
Tossed Salad
Brownies
Apples

HAMBURGERS & HOT DOGS
Tossed Salad
Potato Chips
Cookies
Watermelon

Weeks
2+
6

CHEESE QUESADILLA
with Rice and Beans
Tossed Salad
Chocolate Pudding
Apples

SHORT STACK OF PANCAKES
with Syrup
Tater Tots
Tossed Salad
Apples

POPCORN CHICKEN
Tossed Salad
Mashed Potatoes
Jello
Watermelon

POTATO PIEROGIES
or Buttered Noodles
Dinner Roll
Cookies
Apples

WALKING TACOS
Corn Chips
Tossed Salad
Cookies
Watermelon

Weeks
3+
7

PIZZA PIZZA!
Tossed Salad
Potato Chip
Chocolate Pudding
Apples

BARRY'S GRILLED CHEESE
Tossed Salad
Mashed Potatoes
Granola Parfait
Apples

CHICKEN EMPANADA
Tossed Salad
Corn Chips
Cookies
Watermelon

MAC & CHEESE
or Buttered Noodles
Dinner Roll
Tossed Salad
Brownies
Apples

SWEET & SOUR MEATBALLS
with Pineapple Rice
Tossed Salad
Cookies
Watermelon

Weeks
4+
8

CHEESY BREAD
Tossed Salad
Corn Chips
Chocolate Pudding
Apples

FRENCH TOAST STICKS
with Syrup
Tater Tots
Tossed Salad
Apples

CHICKEN TENDERS
Tossed Salad
Onion Rings
Jello
Watermelon

VEGETARIAN SPRING ROLLS
with Veggie Fried Rice
Tossed Salad
Cookies
Apples

MEATBALL HEROS
Tossed Salad
Potato Chips
Cookies
Watermelon

DAILY OPTIONS:

KOSHER TURKEY, SUNBUTTER & JELLY, and **TUNA** sandwiches on whole wheat bread.

SALAD BAR

with all the fixings:
Mixed Greens, Broccoli, Grape Tomatoes, Tofu, Carrot Sticks, Hummus, Cucumbers, Pasta Salad, Croutons, Chunk Tuna, Chick Peas, Farro Salad, Lo Mein Salad, Corn, Edamame, Apple Sauce, Hard-Boiled Eggs, Shredded Cheese, and Assorted Dressings.

NON-FAT FRUIT YOGURTS in a variety of flavors.

Fresh-baked **WHOLE WHEAT BAGELS** with cream cheese or dairy-free margarine.

FRESH FRUIT, ICE CREAM, and **ICE POPS** for snack every afternoon.

732-821-9155
www.EaglesLandingDayCamp.com

Available dietary options include:



Our entire facility is proudly:

